

Breakthrough... Respond with Courage

May 7, 2017

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Middletown
CHRISTIAN CHURCH

Scripture

“For everything comes from him and exists by his power and is intended for his glory. All glory to him forever! Amen. And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect. Romans 11:36-12:2 NLT

“When the disciples saw him walking on the water, they were terrified. In their fear, they cried out, “It’s a ghost!” But Jesus spoke to them at once. “Don’t be afraid,” he said. “Take courage. I am here!” Then Peter called to him, “Lord, if it’s really you, tell me to come to you, walking on the water.” “Yes, come,” Jesus said. Peter went over the side of the boat and walked on the water toward Jesus. But when he saw the strong wind and the waves, he was terrified and began to sink. “Save me, Lord!” he shouted. Jesus immediately reached out and grabbed him.” Matthew 14:26-32 NLT

Breakthrough Concepts

- Changing the way that you think will have the biggest impact on your life, but it may be the hardest thing you will ever do.

- It’s much better to go to bed at night with the world angry with me, than to toss and turn all night because I’m angry at myself.

“Do not rot among the people who are too afraid to live their best life. Trust that whatever decision you make will teach you lessons and propel you to a bigger, bolder, and better life. Courageous action will take you further in life than fear ever will.” - Justin Patton

Discussion Questions

1. Why is changing the way we think so important?
2. Where in your life do you push past your fear?
3. What courageous action do you need to take?
4. How does Justin’s quote impact the way you think about your life?

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Group Life @ Middletown

If you are interested in taking part in a sermon-based discussion group or other small group, visit middletownchristian.org or contact Tracey Spann, tspann@middletownchristian.org to learn more.

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